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SHYAMSUNDARPUR PATNA • PANSKURA • PURBA MEDINIPUR • PIN - 721139 • Phone - 03228-255030 email - siddhinathmahavidyalaya@gmail.com

Ref. No.....

Date:.....

Inter College Yogasana Championship (24.09.2019)



SIDDHINATH MAHAVIDYALAYA

(Govt. Aided) Estd.- 2013

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 Date 11/09/19

Inter College Yogasana Championship Department of Physical Education

NOTICE

It is hereby notified to all that the Inter College Yogasana Championship under V.U. is going to be held on 24. 09.2019 at Amenity Center, V.U. campus, on behalf of Physical Education. All the interested students are instructed to attend the trial for the selection of Siddhinath Mahavidyalaya Yogasana team. The trial for selection will be held on 16.09.2019, Monday at Room no 27 of this college. The trial will be start at 10:00 am and continue up to 11:00 am. So, all the willing students are requested to be present with proper Yogasana dress at right place in right time.

Uma Glicsh Principal 11-09-10

Siddhinath Mahavidyalaya

Principal
SIDDHINATH MAHAVIDYALAYA
S.S.Patna, Purba Medinipur

1.409/19 H.O.D.

Physical Education

Siddhinath Mahavidyalaya

Head
Dept. of Physical Education
Siddhinath Mahavidyalaya



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Report on Inter-College Yogasana Championship 2019-2020

1. Schedule: 24.09.20219

2. Duration: 1 Days

3. Venue of the Event: Vidyasagar University, Bashiatha Yoga Centre

4. No. of students attended: 11

Introduction

The Department of Physical Education at Vidyasagar University successfully organized the Inter-College Yogasana Championship on 24th Sep 2019 at Bashiatha Yoga Centre. This championship was aimed at promoting physical fitness, mental well-being, and the rich cultural heritage of yoga among students from various colleges. The event aligned college guidelines, emphasizing holistic development, physical health, and fostering a spirit of healthy competition among students.

Objectives of the Yogasana Championship

The primary objectives of the Inter-College Yogasana Championship were:

- Promoting Physical and Mental Well-Being: To encourage students to practice yoga for overall physical and mental well-being.
- Cultural Appreciation: To promote the rich heritage of yoga, an integral part of India's cultural identity.
- Encouraging Healthy Competition: To provide a platform for students to showcase their yogasana skills in a competitive yet supportive environment.
- Building Inter-College Relationships: To foster camaraderie and build relationships among students from different colleges.

Learning Outcomes and Impact

- Physical and Mental Wellness: The championship successfully highlighted the importance of yogasana in maintaining physical fitness and mental clarity, encouraging participants and attendees to incorporate yoga into their daily routines.
- Cultural Enrichment: The event promoted the cultural significance of yoga, reinforcing its value as part of India's intangible heritage.
- Inter-College Networking: The championship provided an opportunity for students from different colleges to interact, exchange ideas, and build lasting relationships.
- Skill Enhancement: Participants had the opportunity to enhance their yogasana skills through competition, workshops, and interaction with experienced yoga practitioners.



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List of Students who attended the program:

- 1. Mangal Poria
- 2. Asim Sing
- 3. Amit Sasmal
- 4. Sagar Mondal
- 5. Souvik Samanta
- 6. Lina Roy
- 7. Rupali Murmu
- 8. Jannabi Bera
- 9. Sonali Samanta
- 10.Piyali Manna
- 11.Shribani Bera



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Group Photograph with students along with Teachers

Name of the event	Department	Date of the event	No of students
Inter College Yogasana Championship	Physical Education	24.09.2019	11

Name of the students

- 1. Mangal Poria
- 2. Asim Sing
- 3. Amit Sasmal
- 4. Sagar Mondal
- 5. Souvik Samanta
- 6. Lina Roy
- 7. Rupali Murmu
- 8. Jannabi Bera
- 9. Sonali Samanta
- 10. Piyali Manna
- 11. Shribani Bera



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Basanta Uthsab (16.03.2022)



SIDDHINATH MAHAVIDYALAYA

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Ref. No.....

Date: .11/03/22 ...

NOTICE

A Programme on Basanta Uthsab for all is going to be organized by SiddhinathMahavidyalaya on **§**6.03.2022. All the departments are requested to attend and participate in the said program.



Principal

Siddhinath Mahavidyalaya

Principal
SIDDHINATH MAHAVIDYALAYA
S.S. Patna, Purba, Maria



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Report on Basanta Utsav Celebration by College 2021-2022

1. Schedule: 16,03,2022

2. Duration: 1 Days

3. Venue of the Event: Seminar Room

4. No. of students attended: 09

Introduction

The College celebrated Basanta Utsav on 16th March 2022, marking the arrival of spring with a vibrant display of culture, music, and dance. Basanta Utsav, or the Spring Festival, is an integral part of the cultural heritage in Bengal, inspired by the legacy of Rabindranath Tagore. The event was organized to foster a sense of community, celebrate cultural diversity, and provide students with an opportunity to engage in traditional festivities. This celebration aligns with the college guidelines by promoting cultural awareness, student engagement, and community participation.

Objectives of the Basanta Utsav Celebration

The main objectives of the Basanta Utsav celebration were:

- Celebrating Cultural Heritage: To celebrate the rich cultural traditions of Bengal, particularly those associated with the spring season, as envisioned by Rabindranath Tagore.
- Fostering Community Spirit: To bring together students, faculty, and staff in a joyous and inclusive environment, fostering a sense of unity and community.
- Promoting Student Participation: To encourage active student participation in cultural activities, performances, and event organization, thereby enhancing their leadership and teamwork skills.
- Enhancing Cultural Awareness: To provide an opportunity for students to experience
 and appreciate the cultural diversity and heritage of Bengal.

Learning Outcomes and Impact

- Cultural Immersion: The Basanta Utsav celebration provided students with a deep cultural immersion, allowing them to experience and appreciate the traditions and heritage of Bengal.
- Enhanced Community Spirit: The event fostered a sense of community and unity among students, faculty, and staff, creating a joyful and inclusive environment.
- Student Engagement and Leadership: The active participation of students in organizing and performing during the event enhanced their leadership, teamwork, and organizational skills.
- Promotion of Cultural Awareness: The celebration successfully promoted cultural awareness and appreciation, contributing to a greater understanding of the cultural diversity and heritage within the college community.



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List of Students who attended the program:

- 1. Tanusri Samanta
- 2. Nabarun Pathak
- 3. Sanchaita Mondal
- 4. Nikita Jana,
- 5. Jharna Manna
- 6. Mitali Panja
- 7. PravatiGhara
- 8. Sabina Khatun
- 9. Farha Yasmin



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Photograph of the basanta uthsab



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Photograph of the students during the program



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Inter College Football Championship (Women) 15.09.2022



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 Date 01/09/2022

Inter College Football Championship (Women) Department of Physical Education

NOTICE

It is hereby notified to all that the Inter College Football Tournament (Men & women) under V.U. is going to be held on and from 15.09.2022 to 29.09.2022 at Sahid Kshudiram Bose Krirangan, on behalf of Physical Education. All the interested students are instructed to attend the trial for selection of Siddhinath Mahavidyalaya football team. The trial for the selection will be held on 09.09.2022, Tuesday at college ground. The selection trial will be start at 08:00 am and continue up to 10:00 am. So, all the willing students are requested to be present with proper Football dress at right place in right time.

Oma bloch Principal/TIC 1/9/22

Siddhinath Mahavidyalaya

Principal
SIDDHINATH MAHAVIDYALAYA
S.S.Patna, Purba Medinipur

H.O.D 01/09/22

Physical Education

Siddhinath Mahavidyalaya

Head
Dept. of Physical Education
Siddhinath Mahavidyalaya



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Notice for students



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Report on Inter-College Football Championship 2022-2023

1. Schedule: 15.09.2022 - 29.09.2022

2. Duration: 15 Days

3. Venue of the Event: Sahid kshudiram Bose Krirangan, Vidyasagar University

4. No. of students attended: 20

Introduction

The Inter-College Football Championship 2022-2023, held from 15th to August 29th at Sahid kshudiram Bose Krirangan, was a significant co-curricular event organized by Vidyasagar University. This event fostering teamwork, enhancing student engagement, and contributing to the holistic development of students. The championship saw participation from 18 colleges, highlighting the institution's commitment to sports and overall student development.

Objectives of the Event

The primary objectives of the Inter-College Football Championship were:

- Promoting Physical Fitness: Encouraging students to engage in physical activities that contribute to their overall well-being.
- Fostering Teamwork and Leadership: Providing a platform for students to develop teamwork, leadership, and strategic thinking skills.
- Encouraging Healthy Competition: Instilling sportsmanship and the spirit of healthy competition among students from different institutions.
- Enhancing Inter-College Relations: Strengthening ties and promoting interaction between colleges through sports.

Learning Outcomes and Impact

- Skill Development: The championship provided a platform for students to hone their football skills, as well as develop critical soft skills such as teamwork, communication, and leadership.
- Sportsmanship: Students exhibited exemplary sportsmanship throughout the tournament, respecting opponents and officials, which contributed to a positive sporting culture.
- Student Engagement: The event significantly boosted student engagement, with large numbers of students participating as players, organizers, and spectators, fostering a sense of community and college spirit.

 Inter-College Collaboration: The event facilitated greater interaction between colleges, enhancing inter-college relationships and promoting a spirit of camaraderie.

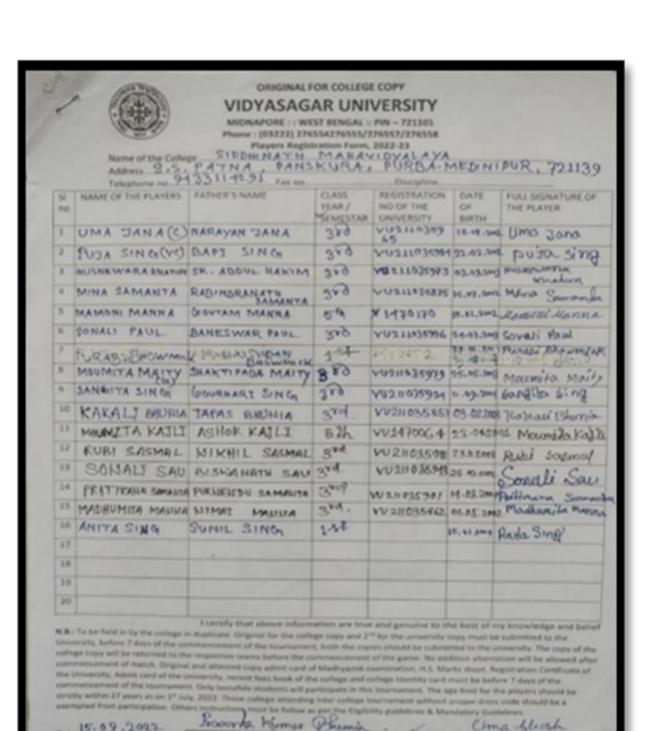


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Sports Committee

Siddhinath Mahavidyalaya

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SIDOHINATH MAHAVIOYALAYA

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Attendence sheet of the participants



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Photograph of whole team infront of the university gate

Name of the event	Department	Date of the event	No of students
Inter college women	Physical Education	15.09.2022	16
Football Championship	-		

List of the students:

- 1. Uma Jana
- 2. Puja Sing
- 3. Husnewara Khatun
- 4. Mina Samanta
- 5. Mamoni Manna
- 6. Sonali Paul
- 7. Purabi Bhowmik
- 8. Moumita Maity
- 9. Sangita Sing
- 10. Kakali Bhunia
- 11. Moumita Kajli
- 12. Rubi Sasmal
- 13. Sonali Sau
- 14. Pritikana Samanta



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15. Madhumita Manna

16. Anita Sing